# **Regularization and Optimization**

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#### What is regularization

- The goal of machine learning algorithm is to perform well on the training data and generalize well to new data
- Regularization are the techniques to improve the generalization ability
  - i.e., avoid overfitting

- Regularization
  - Parameter Norm Penalties
  - Data set Augmentation
  - Noise Robustness
  - Semi-supervised Learning
  - Multi-task Learning
  - Early Stopping
  - Dropout

#### Parameter Norm Penalties

• Adding a parameter norm penalty  $\Omega(\theta)$  to the objective function J. The regularized objective function is denoted as:

$$\tilde{J}(\boldsymbol{\theta}; \boldsymbol{X}, \boldsymbol{y}) = J(\boldsymbol{\theta}; \boldsymbol{X}, \boldsymbol{y}) + \alpha \Omega(\boldsymbol{\theta})$$

- $\alpha \in [0, \infty)$  is a hyperparameter that controls the weights of the regularization term
- For regularization neural networks
  - Only the weights of the linear transformation at each layer are regularized
  - The biases are not regularized

# L<sup>2</sup> Parameter Regularization

- $\Omega(\theta) = \frac{1}{2} ||\mathbf{w}||^2$ , also know as weight decay or ridge regression
- The objective function:

$$\tilde{J}(\boldsymbol{w}; \boldsymbol{X}, \boldsymbol{y}) = \frac{\alpha}{2} \boldsymbol{w}^{\top} \boldsymbol{w} + J(\boldsymbol{w}; \boldsymbol{X}, \boldsymbol{y}),$$
$$\nabla_{\boldsymbol{w}} \tilde{J}(\boldsymbol{w}; \boldsymbol{X}, \boldsymbol{y}) = \alpha \boldsymbol{w} + \nabla_{\boldsymbol{w}} J(\boldsymbol{w}; \boldsymbol{X}, \boldsymbol{y}).$$

• Update w with SGD:

$$\boldsymbol{w} \leftarrow (1 - \epsilon \alpha) \boldsymbol{w} - \epsilon \nabla_{\boldsymbol{w}} J(\boldsymbol{w}; \boldsymbol{X}, \boldsymbol{y})$$

• Push w towards zero

# L<sup>1</sup> Parameter Regularization

- $\Omega(\theta) = ||\mathbf{w}||_1 = \sum_i w_i$ ,
- The objective function:

$$\tilde{J}(\boldsymbol{w}; \boldsymbol{X}, \boldsymbol{y}) = \alpha ||\boldsymbol{w}||_1 + J(\boldsymbol{w}; \boldsymbol{X}, \boldsymbol{y})$$
$$\nabla_{\boldsymbol{w}} \tilde{J}(\boldsymbol{w}; \boldsymbol{X}, \boldsymbol{y}) = \alpha \operatorname{sign}(\boldsymbol{w}) + \nabla_{\boldsymbol{w}} J(\boldsymbol{X}, \boldsymbol{y}; \boldsymbol{w})$$

- Compare to L2 regularization, L1 regularization results in a solution that is more sparse
  - Some parameters have an optimal value of zero

### L1 Regularization

• L1 regularization:

$$\Omega(\boldsymbol{\theta}) = \sum_{k} \sum_{i} \sum_{j} |W_{i,j}^{(k)}|$$

• Gradient:

$$\nabla_{\mathbf{W}^{(k)}} \Omega(\boldsymbol{\theta}) = \operatorname{sign}(\mathbf{W}^{(k)})$$
$$\operatorname{sign}(\mathbf{W}^{(k)})_{i,j} = 1_{\mathbf{W}^{(k)}_{i,j} > 0} - 1_{\mathbf{W}^{(k)}_{i,j} < 0}$$

- Only applies to weights, not biases (weigh decay)
- Can be interpreted as having a Laplace prior over the weights, while performing MAP estimation.
- Unlike L2, L1 will push some weights to be exactly 0.

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#### **Data Augmentation**

- Best way to improve the performance of machine learning
  - Train it with more data
- Create fake data and add it to the training data
  - Translation
  - Rotation
  - Random crops
  - Inject noise
  - ...



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#### Noise Robustness

- Adding noise to the weights
  - Push the model into regions where the model is relatively insensitive to small variations in the weights
  - Find points that are not merely minima, but minima surrounded by flat regions.
- Adding noise at the output targets
  - Most data sets have some amount of mistakes in the output labels: y
  - Explicitly model the noise on the labels
  - For example, the training label y is correct with probability  $1-\epsilon$ , and any of the other labels with probability  $\epsilon$

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#### Semi-supervised Learning

- Semi-supervised learning: both unlabeled examples from p(x) and labeled examples p(x,y) are used to estimate p(y|x)
- Share parameters between the unsupervised objective p(x) and supervised objective p(y|x)
  - E.g., for both objectives, the goal is to learn a representation h = f(x), which can be shared across the two objectives

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#### Multi-task Learning

 Jointly learning multi-tasks by sharing the same inputs and some intermediate representations, which capture a common pool of factors



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# **Early Stopping**

• To select the number of epochs, stop training when validation set error increases (with some look ahead).



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#### Dropout

- Overcome overfitting by a ensemble of multiple different models
  - Trained with different architectures
  - Trained on different data sets
- Too expensive on deep neural networks
- Dropout:
  - Training multiple networks together by parameter sharing

### Dropout

• Key idea: Cripple neural network by removing hidden units stochastically

- each hidden unit is set to 0 with probability 0.5
- hidden units cannot co-adapt to other units
- hidden units must be more generally useful

• Could use a different dropout probability, but 0.5 usually works well







#### Dropout

- Use random binary masks m<sup>(k)</sup>
  - layer pre-activation for k>0  $\succ$  $\mathbf{a}^{(k)}(\mathbf{x}) = \mathbf{b}^{(k)} + \mathbf{W}^{(k)}\mathbf{h}^{(k-1)}(\mathbf{x})$  $\mathbf{W}^{(3)}$ hidden layer activation (k=1 to L):  $\triangleright$  $\mathbf{h}^{(2)}(\mathbf{x})$ ...  $\mathbf{h}^{(k)}(\mathbf{x}) = \mathbf{g}(\mathbf{a}^{(k)}(\mathbf{x})) \odot \mathbf{m}^{(k)}$  $\mathbf{W}^{(2)}$  $\mathbf{h}^{(1)}(\mathbf{x})$ ... Output activation (k=L+1)  $\triangleright$  $\mathbf{W}^{(1)}$  $\mathbf{h}^{(L+1)}(\mathbf{x}) = \mathbf{o}(\mathbf{a}^{(L+1)}(\mathbf{x})) = \mathbf{f}(\mathbf{x})$  $x_i$ ... ...  $x_1$



#### **Dropout at Test Time**

- At test time, we replace the masks by their expectation
  - > This is simply the constant vector 0.5 if dropout probability is 0.5
  - For single hidden layer: equivalent to taking the geometric average of all neural networks, with all possible binary masks
- Can be combined with unsupervised pre-training
- Beats regular backpropagation on many datasets
- Ensemble: Can be viewed as a geometric average of exponential number of networks.

- Optimization
  - Parameter Initialization Strategies
  - Momentum
  - Adaptive Learning Rates (AdaGrad, RMSProp, Adam)
  - Batch Normalization

# Parameter Initialization (Glorot and Bengio, 2010)

• For a fully connected network with *m* inputs and *n* outputs, the weights are sampled according to:

$$\mathbf{W}_{i,j} \sim U(-\frac{6}{\sqrt{m+n}}, \frac{6}{\sqrt{m+n}}).$$

• Which aims to tradeoff between the goal of initializing all layers to have the same **activation variance** and the goal of initializing all layers to have the same **gradient variance** 

#### Tricks of the Trade

- Normalizing your (real-valued) data:
  - > for each dimension  $x_i$  subtract its training set mean
  - > divide each dimension  $x_i$  by its training set standard deviation
  - this can speed up training

• Decreasing the learning rate: As we get closer to the optimum, take smaller update steps:

- i. start with large learning rate (e.g. 0.1)
- ii. maintain until validation error stops improving
- iii. divide learning rate by 2 and go back to (ii)

#### Mini-batch, Momentum

• Make updates based on a mini-batch of examples (instead of a single example):

- > the gradient is the average regularized loss for that mini-batch
- > can give a more accurate estimate of the gradient
- > can leverage matrix/matrix operations, which are more efficient

• Momentum: Can use an exponential average of previous gradients:

$$\overline{\nabla}_{\boldsymbol{\theta}}^{(t)} = \nabla_{\boldsymbol{\theta}} l(\mathbf{f}(\mathbf{x}^{(t)}), y^{(t)}) + \beta \overline{\nabla}_{\boldsymbol{\theta}}^{(t-1)}$$

> can get pass plateaus more quickly, by "gaining momentum"

#### Why Momentum really works?

The momentum term reduces updates for dimensions whose gradients change directions.



The momentum term increases for dimensions whose gradients point in the same directions.

Demo : http://distill.pub/2017/momentum/

# **Adapting Learning Rates**

• Updates with adaptive learning rates ("one learning rate per parameter")

Adagrad: learning rates are scaled by the square root of the cumulative sum of squared gradients

$$\gamma^{(t)} = \gamma^{(t-1)} + \left(\nabla_{\theta} l(\mathbf{f}(\mathbf{x}^{(t)}), y^{(t)})\right)^2 \quad \overline{\nabla}_{\theta}^{(t)} = \frac{\nabla_{\theta} l(\mathbf{f}(\mathbf{x}^{(t)}), y^{(t)})}{\sqrt{\gamma^{(t)} + \epsilon}}$$

RMSProp: instead of cumulative sum, use exponential moving average

$$\begin{split} \gamma^{(t)} &= \beta \gamma^{(t-1)} + (1-\beta) \left( \nabla_{\theta} l(\mathbf{f}(\mathbf{x}^{(t)}), y^{(t)}) \right)^2 \\ \text{Adam: essentially combines} \\ \overline{\nabla}_{\theta}^{(t)} &= \frac{\nabla_{\theta} l(\mathbf{f}(\mathbf{x}^{(t)}), y^{(t)})}{\sqrt{\gamma^{(t)} + \epsilon}} \end{split}$$

- Internal covariate shift
  - Covariate shift: Changes of input distribution to a learning system

 $\ell = F(x,\theta)$ 

• Internal covariate shift: Extension to the deep network

$$\ell = F_2(F_1(u, \theta_1), \theta_2)$$
$$= F_2(x, \theta_2)$$

- Normalizing the inputs will speed up training (Lecun et al. 1998)
  - could normalization be useful at the level of the hidden layers?

- Normalizing the inputs will speed up training (Lecun et al. 1998)
  - could normalization be useful at the level of the hidden layers?
- Batch normalization is an attempt to do that (loffe and Szegedy, 2014)
  - each unit's pre-activation is normalized (mean subtraction, stddev division)
  - > during training, mean and stddev is computed for each minibatch
  - backpropagation takes into account the normalization
  - > at test time, the global mean / stddev is used

**Input:** Values of x over a mini-batch:  $\mathcal{B} = \{x_{1...m}\}$ ; Parameters to be learned:  $\gamma, \beta$ **Output:**  $\{y_i = BN_{\gamma,\beta}(x_i)\}$ 



Learned linear transformation to adapt to non-linear activation function ( $\gamma$  and  $\beta$  are trained)

- Why normalize the pre-activation?
  - > can help keep the pre-activation in a non-saturating regime (though the linear transform  $y_i \leftarrow \gamma \hat{x}_i + \beta$  could cancel this effect)
- Why use minibatches?
  - since hidden units depend on parameters, can't compute mean/ stddev once and for all
  - > adds stochasticity to training, which might regularize

- How to take into account the normalization in backdrop?
  - > derivative w.r.t.  $x_i$  depends on the partial derivative of both: the mean and stddev
  - > must also update  $\gamma$  and  $\beta$
- Why use the global mean and stddev at test time?
  - removes the stochasticity of the mean and stddev
  - > requires a final phase where, from the first to the last hidden layer
    - propagate all training data to that layer
    - compute and store the global mean and stddev of each unit

#### References

• Chapter 7-8, Deep Learning book